



**Gweithio dros Gaerdydd, gweithio gyda'n gilydd**  
**Working for Cardiff, working together**





# Inspirational People



Ethnic Minority and Traveller Achievement Service (EMTAS)



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# Contents Page:



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# Ade Adepitan MBE



inspire  
be inspired



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# Ade Adepitan



**Ade Adepitan** MBE was **born** in Lagos, Nigeria in 1973. He contracted polio as a baby and lost much of the use of his legs as a result. In 1976 **Ade** moved to the UK, where he has remained, making London his home and becoming one of Britain's most recognisable disabled sports and TV personalities.



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# Inspirational

## Ade Adepitan

- A legend of the wheelchair basketball court, Ade achieved a lifetime ambition when he made the 2000 Paralympics.
- Four years later he won a bronze medal at the 2004 Games in Athens, nailing two free throws in the dying seconds to beat world champions the USA along the way.

Ade does a lot of charity work, particularly supporting many charities to help other people with physical disabilities. He is a patron to two charities called Go Kids Go (formerly known as Association of Wheelchair Children) and The Scope Charity.

He is also a great supporter of the National Society of the Prevention of the Cruelty to Children Charity and the [WheelPower](#) Charity.

Ade travelled to Ghana in support of [Comic Relief](#).

He also participated in the [Disabled Motoring UK](#) Alps 2011 Challenge.<sup>14</sup>

<sup>1</sup> Ade is also an Athlete Ambassador for [Right to Play](#), the world's leading sport for development charity.<sup>15</sup>



Ade Adepitan is a renowned British television presenter and a wheelchair basketball player. Since presenting Channel 4's coverage of the Paralympics in 2012, Ade has become a household name and highly sought after motivational speaker. Drawing from his own personal experiences of adversity, success and teamwork, Ade can uplift and inspire an audience to ignite their passions and follow their dreams.



**'Everyone Has An Ambition, But Most Are Scared To Go For It' | A Q&A with Paralympian Ade Adepitan**

**Click the link below to read the fantastic Q&A with Ade:**

<https://www.speakerscorner.co.uk/blog/every-one-has-an-ambition-but-most-are-scared-to-go-for-it-an-interview-with-paralympian-ade-adepitan>



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