



**Gweithio dros Gaerdydd, gweithio gyda'n gilydd
Working for Cardiff, working together**





Inspirational People



Ethnic Minority and Traveller Achievement Service (EMTAS)



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Colin Jackson CBE



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Colin Jackson



Colin Ray Jackson [CBE](#) is a former Welsh [sprint](#) and [hurdling athlete](#) who specialised in the [110 metres hurdles](#).

He was born in Cardiff, Wales on the 18th of February, 1967 he is the son of immigrant parents from Jamaica.

He won an extraordinary 44 consecutive hurdles victories between August 1993 and February 1995.



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Click the link below to listen to Colin championing multiculturalism:

https://www.youtube.com/watch?v=lpjirMd3Lrg&list=PLBhaHGL-mZaPD7Jh9zCbeMIKcIIHD_Tpg&index=4



“No One Ever Got Successful Doing Something They Hated”.
Colin Jackson urging others to follow their dream!



Colin impressed his fellow athletes with his drive and determination to be the best.

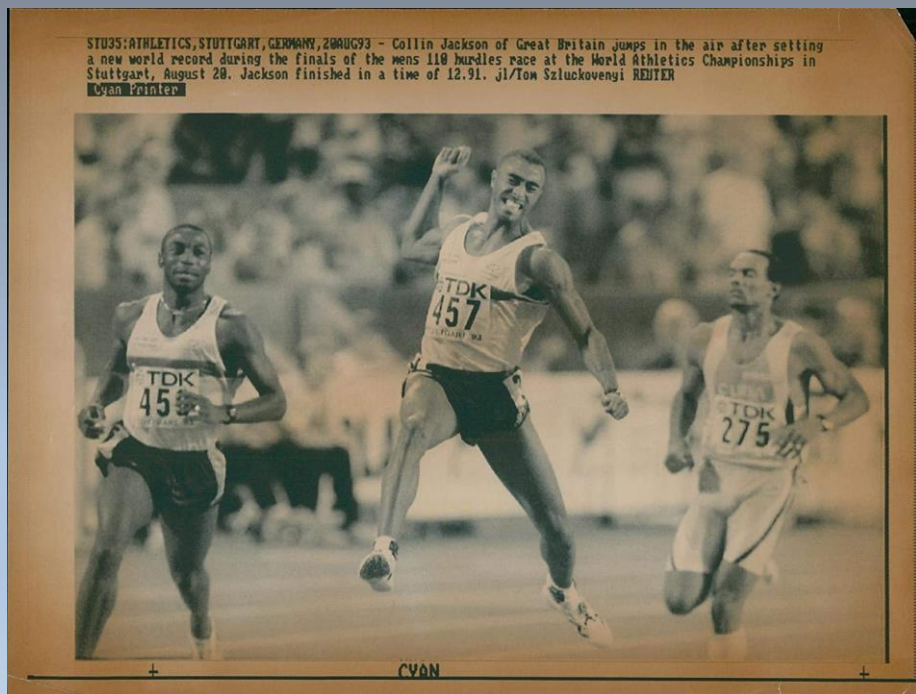
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Colin's outstanding achievements

Click the link below to watch Colin Jackson setting a New World Record of 12.91 seconds for the 110 m hurdles!!!

<https://www.youtube.com/watch?v=QLcgbjTe7IE>



STU35:ATHLETICS,STUTTGART,GERMANY,20AUG93 - Collin Jackson of Great Britain jumps in the air after setting a new world record during the finals of the mens 110 hurdles race at the World Athletics Championships in Stuttgart, August 20. Jackson finished in a time of 12.91. j1/Tom Szluczkovnyi REUTERS



Men's athletics

Competitor for  Great Britain

Olympic Games

Silver 1988 Seoul 110 m hurdles

World Championships

Gold 1993 Stuttgart 110 m hurdles

Gold 1999 Seville 110 m hurdles

Silver 1993 Stuttgart 4x100 m relay

Silver 1997 Athens 110 m hurdles

Bronze 1987 Rome 110 m hurdles

World Indoor Championships

Gold 1999 Maebashi 60 m hurdles

Silver 1989 Budapest 60 m hurdles

Silver 1993 Toronto 60 m hurdles

Silver 1997 Paris 60 m hurdles

European Championships

Gold 1990 Split 110 m hurdles

Gold 1994 Helsinki 110 m hurdles

Gold 1998 Budapest 110 m hurdles


Gold 2002 Munich 110 m hurdles

European Indoor Championships

Gold 1989 The Hague 60 m hurdles

Gold 1994 Paris 60 m

Gold 1994 Paris 60 m hurdles

Competitor for  Wales

Commonwealth Games

Gold 1990 Auckland 110 m hurdles

Gold 1994 Victoria 110 m hurdles

Silver 1986 Edinburgh 110 m hurdles

Silver 2002 Manchester 110 m hurdles



'Colin Jackson donates 1993 World record breaking vest to the Better World Project'

Click the link to find out more about how this project drives innovation for a better world for everyone.

<https://autm.net/about-tech-transfer/better-world-project>



The Better World Project promotes public understanding of how academic research and technology transfer benefit you and millions of people around the world. Every day.

Learn More

Share Your Story



Colin hails from a very successful and driven family.

His sister, Suzanne Packer (born Suzanne Jackson; 20 September 1958) is a Welsh actress who is best known for playing the role of Tess Bateman in the long-running television series Casualty from September 2003 until August 22, 2015, as Suzanne quit the show after playing Tess for nearly 12 years. Packer will return to Casualty as a guest for the 30th Anniversary episodes.

